

• Ocean State •
COLD
• Sandwiches • EAT LOCAL

House-Roasted, Hand-Carved Turkey Breast

lettuce, tomato and mayo on whole wheat 8.50

Apple Valley Turkey

house-roasted turkey, bacon, sliced apple, red onion, cheddar, sun-dried tomato mayonnaise on toasted whole wheat 9.50



Coventry Club

house-roasted turkey, bacon, fresh mozzarella, chipotle mayo, lettuce & tomato on a kaiser 9.50

Turkey Rachel

house-roasted turkey, swiss, cole slaw, russian dressing on rye 8.99

Ocean State Ultimate Grinder

hot capicola, mortadella, soppressata, genoa, sharp provolone, lettuce, tomato, red onion, oil & vinegar and house made sun-dried tomato & banana pepper relish on a Buono's sub roll 9.50



Horseradish Roast Beef

medium rare roast beef, horseradish mayo, lettuce, tomato on rye* 8.50

Roast Beef Dijonnaise

medium rare roast beef, cheddar, dijon mayo, lettuce, tomato on a toasted kaiser* 9.25

From Roast Beef with Love

roast beef, russian, swiss and cole slaw on rye* 9.25

Applewood Smoked Ham

swiss, deli mustard, lettuce & tomato on rye 8.50

The Ploughman

smoked ham, cheddar, mango chutney, red onion, lettuce & tomato on a Buono's sub roll 8.99

Apple Tree Chicken Salad

house-made chicken salad with diced apple, celery, fresh dill, locally dried cranberries, lettuce and tomato on a kaiser 8.50

Curried Turkey Salad

turkey breast with curry mayo, raisins, carrot and celery with lettuce & tomato in a whole wheat wrap 8.50

Albacore Tuna Salad

lightly dressed albacore tuna with diced celery, lettuce & tomato on wheat 8.50

Deviled Egg Salad

with just the right amount of mustard, lettuce & tomato on white* 7.25

Best BLT in town

lettuce, ripe tomato, and plenty of bacon with a touch of mayo on toasted whole wheat 8.50

BLTT

BLT with house-roasted, hand-carved turkey breast and a touch of mayo on toasted whole wheat 9.50

Chicken Caesar Wrap

diced chicken, romaine lettuce, parmesan, caesar dressing, and croutons in a whole wheat wrap 8.50

Plain Caesar Wrap

romaine lettuce, parmesan, caesar dressing, and croutons in a whole wheat wrap 6.25

Greek Wrap

Narragansett Creamery feta cheese, kalamata olives, red onion, tomato, banana peppers, cucumber and spinach in a whole wheat wrap 7.99

Hummus & Vegetable Wrap

hummus, bell pepper, red onion, spinach, carrot, and cucumber in a whole wheat wrap 7.50

• Ocean State •
HOT
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Thanksgiving 365

house-roasted turkey, herb stuffing, cranberry sauce, and mayo on a Buono's sub roll 9.50

Turkey Chutney

house-roasted turkey, mango chutney, curry mayo, brie, and spinach warmed on a kaiser 9.50

BBQ Pulled Pork

slow-roasted BBQ pork shoulder topped with house-made cole slaw on a kaiser 8.99

Cuban

smoked ham, slow-roasted pork shoulder, swiss, pickles and mustard on a pressed Buono's sub roll 8.99

Ham and Brie

warmed with apple and honey mustard on a Buono's sub roll 8.50

Buffalo Chicken

oven-roasted chicken breast tossed in buffalo sauce with blue cheese crumbles & dressing, arugula & tomato on a kaiser 9.50

BBQ Chicken

oven-roasted chicken breast tossed in BBQ sauce with bacon, cheddar, lettuce and tomato on a kaiser 9.50

Grilled Cheese

plenty of american cheese grilled on white bread 5.75
add bacon 1.50

Tuna Melt

tuna salad with tomato and american grilled on whole wheat 8.50

Vegetarian Spicy Black Bean Burger

arugula, tomato, sun-dried tomato mayo on a kaiser 8.99

• Ocean State •
COMBOS
• Sandwiches • EAT LOCAL

1/2 Sandwich & Cup of Soup

choice of turkey, ham, roast beef*, chicken salad, curried turkey salad, tuna salad or egg salad* 8.50

1/2 Sandwich & Small Garden Salad

8.50

Items, prices, and vendors subject to change without notice. Before placing your order please inform your server if anyone in your party has any food allergies. *Consuming raw or under-cooked items may increase the risk of foodborne illness.

• Ocean State
GR8SOUP
 • Sandwich • **EAT LOCAL**

SEE WEBSITE or FACEBOOK FOR DAILY SOUPS

We offer 4-5 seasonal house-made soups daily, such as:
 Tomato Basil, Blade Steak Chili, Chicken Noodle, Sweet Potato Bisque,
 Split Pea, Caldo Verde, Butternut Squash Bisque, Tuscan White Bean,
 New England Clam Chowder, Carrot Dill, Curried Lentil,
 Mushroom Barley, Cream of Broccoli, Roasted Cauliflower Garlic,
 Minestrone, Chilled Gazpacho (seasonal),
 Roasted Corn & Jalapeno Chowder



cup 3.99 bowl 5.25
 add .50 for chili/chowder

• Ocean State
SALADS
 • Sandwich • **EAT LOCAL**



GARDEN

mixed greens, cucumber, carrot, bell peppers, red onion, and tomatoes
 small 3.99 large 5.99

ANTIPASTO

capicola, soppressata, and genoa with sharp provolone, kalamata olives, banana peppers, red onion, roasted red peppers, and tomato on a bed of greens 9.50

GREEK

mixed greens, Narragansett Creamery feta cheese, kalamata olives, cucumber, red onion, tomato and banana peppers 8.50

CHEF

house-roasted turkey, applewood smoked ham, sharp cheddar, tomato, hard-boiled egg*, carrot on mixed greens 9.50

CAESAR

fresh romaine, caesar dressing, grated parmesan and house-made croutons 6.75

SPINACH

spinach, bacon, apple, red onion, hard-boiled egg*, dried cranberries, raspberry vinaigrette 7.99

ROASTED BEET

roasted beets with arugula, blue cheese and spiced walnuts with balsamic vinaigrette 8.50

ADD ONS

add a scoop of chicken salad, curried turkey salad, tuna salad, egg salad* or diced chicken 3.75